



Save the Last Dance

By TASHA WALTERS
CENTRAL MOUNTAIN

Reality has set in for many seniors seeing as the end of their final year here at CM is coming to a close. May 18, Central Mountain High School seniors attended what would probably be their last high school dance ever.

The Senior Ball was held at the Lock Haven University Durrwatcher Alumni Center from 7 to 10 p.m. Ball is a tradition at CM; it's a night for dancing and memories.

Students from any grade can attend as long as a Central Mountain senior buys a ticket for them. Senior class dues were mandatory for students to purchase tickets to the dance.

"This year all seniors who attended the dance received their admission tickets for free; it was a little surprise for everyone who was unaware of the treat," said senior class secretary, Kristin Dotterer.

"A committee was made up of seniors' parents to decorate and transform the Durrwatcher for the annual dance," said senior class president, Becca Eaton.

The Central Mountain's Ball committee certainly outdid themselves with the fantastic decorations and outstanding amount of delicious food.

The clock struck seven and students began to arrive in fancy rides, piling out of the cars, presenting themselves with an abundant array of colors and wonder. Parents, family members and friends gathered outside the alum-

ni center to take pictures of the students who were also anxious to capture the moment.

One senior, Alexis Lingenfelter and her date, showed up to the Durrwatcher in a horse and buggy, one of Lingenfelter's strong passions.

"I love to ride horses and be with them, as well having the opportunity to be taken to my last high school dance by one was an absolute pleasure," Lingenfelter.

Once everyone got into the dance, the crowd went crazy. Everyone had a blast and danced the night away.

"I came to Ball two years ago, but this year it's different. I'm surrounded by my fellow classmates taking pictures and making some of my last memories here as a student of Central Mountain," said Dotterer.

Senior Brad Walker, has been rapping since he was thirteen-years-old and was proud to present the crowd with one of his newest numbers, "Fall For Your Type."

English teacher at CM, Brian Hanna, volunteered his time to DJ for the night, playing all of the latest hits and, of course, the classical dance songs such as "Sandstorm" and the "Cupid shuffle." Most of the students danced their night away, having the time of their lives with their fellow classmates.

The night ended with a few last minute songs, pictures, and a few words from senior, Logan Bechdel to his fellow classmates as they gathered together for one of the last times as the Class of 2012.



TARYN MARINO/The Student Express
From left, Emily Vuocolo, Stephen Lageman, Katie Williams, Ryan Hill, Taryn Marino, Alec Quiggle, Rachael Williams and Michael Dicello all pose for a picture before the big dance.

- MAY 31**
Senior class trip @ Hershey Park
- JUNE 1, 4-5**
Graduation practices for seniors
- JUNE 2**
SAT testing @ CMHS 7:45 a.m.
- JUNE 3**
Baccalaureate Ceremony 6 p.m.
- JUNE 6**
Senior Breakfast
- JUNE 6**
Last day of classes, half-day
- JUNE 6**
Graduation 7 p.m.



BRIDGET BACHMAN/The Student Express

The cast of "The Drowsy Chaperone" perform in a scene in the musical.

CM Magic

By BRIDGET BACHMAN
CENTRAL MOUNTAIN

This year's musical cast at Central Mountain High School performed the show "The Drowsy Chaperone" from May 3-6. The show was about a man's record that came alive in his home. There were twenty-one students in the production, six seniors, six juniors, five sophomores, four freshman, and two students in the orchestra, junior Samantha Howell and sophomore Andrew Wheeler.

The record came alive in the Man in Chair's home, played by Alex Bartlett. In the record, star Janet Van de Graff, played by senior Kyleigh Barler, is being chaperoned by Drowsy, played by senior Kristin Dotterer, and is marrying the handsome Robert Martin, played by senior John Fisher. The wedding is being held at the mansion of Mrs. Tottendale, played by sophomore Kali Haines.

"Man in Chair was the narrator who's record came alive in his living room," Bartlett. "It was quite stressful knowing that the show was on me, and memorizing many different monologues was also very challenging."

"Janet Van de Graff is a movie star in the 1920s," said Barler. "She is overdramatic and loves to be the center of attention. With her wedding, she is basically giving up her career. It was a challenging part for me to be as dramatic as I needed to be."

"Drowsy was Janet's chaperone, and she was the old star who wished she could have the spotlight back," said Dotterer. "It was a difficult part to play because I had to act intoxicated throughout the whole production, and she was also supposed to be very sporadic."

The whole show was full of love, comedy, chaos, and misunderstandings. One of the most memorable scenes from the play was a scene with Zack Hosterman, as Aldolpho, and Dotterer, as Drowsy. Aldolpho was considered to be a ladies man, who was originally hired by two gangsters to ruin the marriage of Janet and Robert, but there was a mix-up and Drowsy decided to take advantage of the moment.

"The scene was Aldolpho singing about his name while Drowsy was trying to get lucky," said Hosterman. "It was a blast and the crowd seemed to really enjoy it and get a laugh out of it."

Another memorable scene was the 'spit' scene with Hanes as Mrs. Tottendale and sophomore Zach Shepard as Underling. During the 1920's, prohibition was still going on, and in the musical they utilized code words in order to get their alcohol. Water was a code word for Vodka, and Mrs. Tottendale was not the brightest,

See CM MAGIC, D2

This Year in Review

By BRAD WALKER
CENTRAL MOUNTAIN

Nine months, four marking periods, two semesters, and on June 6 it is over. The 2011-2012 school year is coming to a halt. Students have put in their required amount of days, and are moving closer to their well-deserved summer break. Some will return to continue their education, and others will graduate and start their path for their future endeavors.

Aside from students, the teachers at CMHS spend the entire year at school as well. At the end of this year, some will reflect on the memories they'll cherish for school for years to come.

"I'll never forget this year," said English teacher, Deborah Moore. "This was the first year that a student got me a gift for 'Teacher Appreciation Day.' It really meant a lot that a student took that upon herself to show she appreciates what I do."

Everyone has one subject or class that they prefer over the rest. Senior, Katie Williams, is a hardworking and dedicated member of the Yearbook class.

"This year went really fast," said Williams. "I had a lot of fun classes. I have two periods of Yearbook, and I think it is the best class I could have taken. Throughout the year we get to chronicle all of the events that happened. We get to take pictures and write stories that people will look back on years from now and remember things from high school. I enjoy

getting to witness everything and put it all together."

Apart from students who will always remember high school and cherish the time they spent here, there are some that did not enjoy themselves as much as others.

"I did not like the new schedule my senior year," said Nathan Tasselli. "It was weird to get used to. I am not a big fan of my experiences during high school. I just didn't enjoy myself, and I'm ready to get out and see what the future holds for me."

The entire school year is devoted to the education of students. But teachers do not assume they know everything. Often, teachers search for different teaching methods they can use in their classrooms.

"I had the opportunity to go to ComicCon this year," said Moore, who is also teaching the Graphic Novels class. "ComicCon is like a comic book convention. I did some exploring and was able to evaluate different styles of graphic novels I can use in class. I am very excited to use them next year."

The count down started on August 31, one hundred-eighty school days later and it is all over, once again. As the days go by the students start gearing up for summer while teachers painstakingly try to push in the last of the material they require for the year. But even though the kids are getting lazy and the teachers are pressuring, close to the end, it is always good to sit and have a moment to reflect.

Recognizing CM Seniors

By ANNA SHAW
CENTRAL MOUNTAIN

They've been through it all. Four years of high school, three years of middle, and six of elementary, the senior class has really deserved their title. They're the seniors, they're finally the top dogs, and after what they seemed like they'd never make it to, they're graduating. But before graduation, CMHS has a tradition to recognize the hard work these seniors have put in over the years.

On May 22, members of the senior class was invited to attend the CMHS Senior Awards Ceremony. During this ceremony, many hardworking students are awarded for being who they are. With almost every award given to the 150 or so attendees of the ceremony, a cash check or scholarship was also given. These awards, predetermined before the event but kept a surprise until students attended, went on for pages and many students were presented with awards that they will appreciate and put to good use. Not just for academics, but for descent, athletics, community work, friendships, memorializations, attendance, and everything in between, an enormous amount of deserving students walked the stage that night.

Senior Kyleigh Barler really impressed by being a recipient of seven different awards.

"The ceremony was really nice. It was an honor just to be considered for the awards I received. It was a great way to end four years of tons of fun and hard work with my fellow classmates," said Barler.

Another impressive senior, Hannah Rayls, received a very exclusive award.



ANNA SHAW/The Student Express

The first of the many awards is presented to Kendra Heckman for her outstanding service to the community.

"I recieved the Catholic Daughters of America award. I recieved this award because I am a female student pursuing a career in the health field. I have extraordinary thanks toward Kim Wykoff, Margaret Kelly and the Catholic Daughters of America for my award, and I appreciate it immensely," said Rayls.

Maxwell Webb, who recieved a \$500 award for being an outstanding CTE student with post-secondary plans who is involved in the school and community, also was recognized for winning a \$10,000 scholarship for Penn College with two other CTE classmates at the Skills USA state competition. "It was definitely a great experience," said Webb.

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THE STUDENT EXPRESS - NEWSPAPERS IN EDUCATION



MORGAN BITTNER/The Student Express

The entrance to Malinak Stadium was decorated with a "Welcome to the Shared Strength 5k" sign on May 12.

Active for a Cause

By MORGAN BITTNER
CENTRAL MOUNTAIN

Although CM girls' soccer ended its season in November, the girls and their coach, Ryan Veltri, teamed up with Relay for Life to hold the third annual 5k Shared Strength Walk/Run. Along with parents and help from the community, the event was held at CMHS on May 12. Participants could walk or run around the high school campus three times for 3.1 miles. The team raised money and awareness for the American Cancer Society, as well as supported the CM Lady Wildcat soccer team.

"The 5k has been a really great experience for both myself and my team. We always have a lot of fun hanging out and just giving our best because it's for a good cause," said junior Kara Heckman.

Being the third annual, some participants already knew what to expect, but this year an obstacle course was added to make the walk/run even more fun and family friendly.

"We've really been pushing for this event to be much more interactive for our community; so we'd been throwing around ideas and thought that an obstacle course would be a fun touch," said Johnna Garbrick.

"In the past, no matter the weather, this fundraiser has been a great success. The turnout has been wonderful; many people come and show their support," said Veltri. Registrations were held in April. Those

who registered before April 16 received a free Shared Strength t-shirt.

"Each of the past two years we have had on average about 120 participants, but this year we surpassed that," said Veltri.

Before the event could take place the girls' soccer team improved on ideas from previous years.

"Plans start months in advance including scheduling dates and the facility, organizing participants, rounding up volunteers, purchasing food and drinks, ordering t-shirts, and going out to local businesses for sponsorships," said Veltri.

This year, for the first time, three junior soccer players including Jordan Courter, Megan Soo, and Garbrick decided to help as a part of their senior projects.

"These girls have exceeded the expectations put forth on them. They have gone above and beyond the duties given and have maxed out their required hours even prior to the event," said Veltri.

Going to local businesses and asking for sponsorships, as well as promoting the event to friends and family, were only some of the things the girls did in order to help prepare for the big day.

"I've enjoyed getting to help formulate bigger and better ideas for the 5k that will be carried out in the years to come. Getting to see our hard work pay off and realize how much money we raised for the American Cancer Society was by far the most fulfilling part of this whole experience," said Courter.

CM Magic

From D1

so there were a lot of misunderstandings between her and her butler. "The scene was challenging at first because I had never done something like that before, but after we practiced it we had a lot of fun with it," said Haines. "He ended up getting me back at our final performance by spitting the water directly in my face, but I deserved it by that point in time."

Senior Nick Guerriero went through the

whole experience for the first time, playing Gangster 2. "It was a wonderful experience, and I enjoyed every minute. What's depressing is I wish I would've done it sooner," he said.

In the end, the cast put on a great show. The audience seemed to enjoy every moment of the laughing, crying and drama. They crew thanks everyone who came.

A Dance Victory



KYLIE LETTERMAN/The Student Express

CMHS majorettes huddle at a competition in Wildwood, N.J.

By KYLIE LETTERMAN
CENTRAL MOUNTAIN

The CMHS dance team, majorettes, and color guard had a lot to look forward to this season. The late night practices, the arguments, forming a bond, had all paid off in the end. With winning almost every local and out of town competition, the girls earned their spot in an out of state competition located in Wildwood, New Jersey.

"This year we traveled to Wildwood, New Jersey to compete in the Talent Indoor Association competition. I've been apart of the CMHS Dance Team for five years now, so this really wasn't new to me. But, this was by far the best trip to Wildwood so far," said junior Hailie Connor.

The girls had a long, tiring season before competing in N.J. But the stress and hard work paid off when they walked out with the winning title.

"So far this season, we've done amazing. From the time we stepped foot on the dance floor, till competing in Wildwood, we've won all of our competitions. While in NJ we placed in the top three, and we got moved from Novice to Socialistic A. So we've definitely come a long way. The majorettes and color guard also did very well this year. They have also moved up, and did well competing in NJ," said Connor.

The underclassmen have more memories to come within the sport. As for seniors, they are sad to say goodbye.

"This season was outstanding. I'm sad to know it was my last, but it was so successful. We've really showed other teams

what we're made of. But, going to N.J was definitely the best and worst, only to know it was the last time I would travel with my dance team to the one competition we look forward to all year. It was a good way to end my senior year on the team," said senior Erin Baney.

"We didn't just go to Jersey to compete, we also went to have a good time with our families and our friends. We cheered on the other CMHS teams, did tons of shopping, walked the boardwalk, went to the amusement parks, and rode the Tram Cars for hours upon hours. We tried our hardest to keep our minds off competing and the competition we were up against, until the day of. We definitely made a lot of memories this year, ones I know I can leave here and keep forever," said Baney.

The teams knew they had some tough competition to overcome before they showed off their skills at the biggest competition of the season. They had no problem fighting for their spot on top.

"The Northern York competition was when we knew we'd do well in N.J. Their school has a good dance team. We didn't really know if we could outshine them. We had our work cut out for us, but we won. All year we had some tough competitors but we really wanted this, so we went into every competition with a good routine, a good attitude, and that got us to where we were in N.J.," said Connor.

This dance team, majorettes, and color guard, started and ended their season on a high note. The girls worked hard. If you see any of the girls around, make sure to congratulate them on their wins, and thank them for making CM proud.

Greeting Germany

By KIERSTAN KERSTETTER
CENTRAL MOUNTAIN

Every year students in Central Mountain High School's German classes get offered the opportunity to host a foreign exchange student from Germany for a week and then they are offered to go to Germany for a week. This once in a lifetime experience is only offered to students that have taken German for 2 or more years.

The group of 21 students will fly out of New Jersey on a direct flight to Frankfurt. Accompanying the students is their German teacher, Doug Madenford and one of the school's officers, Roy Schrack. All of the students on the trip are Dylan Cox, Ian Dorman, Teah Evers, James Fedele, Daniel Hendricks, William Honnetor, Ashley Meyer, Harley Miller, Josh Probst, Phil Rodo, Morgan Russell, Nathan Shervinskis, Taylor St. John, Andrew Wheeler, Brody White, Luke Wise, and Megan Van Gorder.

"While we are in Germany, the exchange families pay for our food and activities while we're there," said junior, Taylor St. John.

Being in a different country can be a little scary, and being there with few people you know, being surrounded by a language that is being taught to you, and in a place that you don't know can make things scari-

er. "I'm nervous about having to speak a lot of German because I know I'll mess up, but other than that I'm not scared," said Van Gorder.

On the other hand, there are plenty of things for the group of kids to be excited for. They will get to experience different ways of life and well as see another part of the world.

"I'm looking forward to seeing all of the sites, experiencing the German culture, and hanging out with our exchange students. Hanging out with them will be interesting and exciting," said St. John.

"I'm looking forward to experiencing a

new culture, seeing all of the castles and trying new foods. Also, challenging myself to speaking more German," said Van Gorder.

All the students that are going to Germany hosted a German exchange student back in the fall of 2011. Those students now get to stay with the family of the kid that stayed with them.

"It's exciting to get to see our German friends again and we'll get to be with them everyday," said St. John.

Since this trip has been well thought out, there are things necessary to be prepared before hand. Unlike all the packing that can be done days before the students leave for their trip, there are other things that they need to practice.

"Things we are learning are important questions and manners, vocabulary, and practicing speaking in German," said St. John.

During their visit in Germany, the students will not only be experiencing their culture, but the little things as well.

"I think this is a wonderful experience for the students. I love travelling and consider Germany my second home. I do worry about some students getting home sick, but I'm hoping that our busy schedule can keep their thoughts off of it," said Madenford.

This year, the group of people that are going to Germany leave June 17 for a week. Along with travelling this long distance from home, they will also be away from their friends and family during that time period.

"I think I'm really going to miss my family and friends while I'm gone," said St. John.

Even though the students will be away from most of the people they know on this trip, they will get to see each other throughout the trip, as well as being welcomed by their host families for their time in Germany.



SYDNEY MACKEY/The Student Express

Caitlyn Levi, who used the CMHS SADD Conference as her senior project, stands with Jeff Yalden. Yalden came to speak to the schools students about choices.

Take Time to Think

By SYDNEY MACKEY
CENTRAL MOUNTAIN

On May 4, Central Mountain High School's SADD club held its second annual conference.

The conference included several different workshops that promote a healthy lifestyle and also the nationally known speaker Jeff Yalden.

This all-day conference was part of junior, Caitlyn Levi's senior project. Levi is currently vice president of SADD club. Many preparations went into making sure the conference was a success.

"I chose this for my senior project because the conference was successful last year, and I think Central Mountain should make it an every-year event," said Levi.

"I prepared for it with the help of SADD club's advisor Gene Bennett. We contacted presenters that would be interested in coming to the school. We also contacted Jeff Yalden to ask if he would be available to give a presentation to the students. Lastly, we found student volunteers that were willing to help with the workshops," said Levi.

"I enjoyed helping out with the SADD conference because I got to meet some pretty sweet army dudes," said junior Grant Fausey.

A big part of the conference was the presentation by Jeff Yalden. Yalden makes a living by talking to teens about a purpose in life.

He is highly regarded as a speaker who brings back school spirit and moral. Since 1992, Jeff has impacted over three million youth and educators in 48 countries and all 50 states.

"I decided to have Jeff Yalden as the speaker for the conference because he seemed like a cool guy. He spoke when I was at Pennsylvania Free Enterprise Week at Lycoming College and I thought that everyone at Central Mountain would enjoy listening to him," said Levi.

During Yalden's presentation he expressed his message of "Take Time to Think."

During his speech Yalden shared personal stories and experiences to connect with the students.

"I really want each student to take something different from my message. There are separate parts that I try to touch on and if the students take at least one thing from today than it was worth it," said Yalden.

"I really enjoyed listening to Jeff speak; he was very entertaining but he also brought us back to reality in that we really need to be more positive in our lives," said sophomore Alex Moldovan.

"Jeff Yalden taught me that I need to respect not only others but myself. Also, I liked how he was on the same level as students. He didn't try to speak at us but to us and to challenge everyone to become the best person that they can be," said sophomore Jewanye Marshall.

"I really enjoyed having Jeff Yalden as our key speaker because I believe that his assembly interaction with the students and faculty had the most meaningful and thought provoking message we at Central Mountain High School have ever heard. Also everyone seemed to enjoy his message and how he connected with the audience," said advisor Gene Bennett.

The other half of the conference involved the sophomore class visiting different workshops set up by SADD.

The workshops consisted of stations from Tobacco Prevention and State Farm: Teen Driving Safety to Zumba and various sport clinics.

After the presentation by Yalden the sophomores had the chance to attend three different workshops throughout the day. Each of workshops helped students to try and achieve a healthy lifestyle with making the right choices.

"I really enjoyed the different workshops during the conference. I especially enjoyed going to the National Guard station because the guys there were really fun to be around," said Moldovan.

"The conference was really neat, and I enjoyed visiting the different stations. I think that the sports clinics were a great way to show students that they can have fun in a safe way just by playing a sport," said Marshall.

One session during the conference was the SADD clubs Town Hall meeting. The Town Hall meeting was an initiative designed by the Substance Abuse and Mental Health Services Administration to reduce the negative consequences of underage drinking.

"The Town Hall meeting was an opportunity for the SADD club to share information regarding the affects of alcohol on the developing brains of teens and children. One of the goals SADD has is to educate peers and community members on the affects of alcohol. Our club also hoped to promote community action toward the achievement to prevent underage drinking in our community," said Bennett.

Thanks to all the numerous hours of hard work put in by SADD club, student volunteers, teachers and the presenters the conference truly was a success.

A French Welcome to New Inductees



CHELSEA BARNER/The Student Express

Members of the French Honor Society stand with "Madame" Martin, the advisor of the group. From left, Kimberly Bressler, Mari Rowley, Chelsea Barner, advisor of the French Honor Society, Jessica Martin.

By **EMILY HENDRICKS**
CENTRAL MOUNTAIN

On May 8, four students were inducted into the French Honor Society. Sadie Breon, Kaci Kwiatek, Chadd Miller, and Courtney Poorman all got invited to be in the society because of the "A" they maintained in French, along with the "B" or higher in every other class since they have been in high school.

Jessica Martin, the advisor and French teacher at the high school, changed the French Club to a National Honor Society three years ago so the students that do well in French could be recognized. There are around 25 students in the Honors Society this year.

"We are able to do more," said Martin, "It's not just a social time for students anymore."

The Honor Society has officers just like a regular club at Central Mountain High School. The students in the Honor Society meet on club days every month. The five officers of the society are: Kimberly Bressler

as President, Brooke Wilk as Vice President, Mari Rowley as Secretary, Bridget Bachman as Treasurer and Chelsea Barner as Historian.

"Sometimes the officers will meet after school on the days before we have a meeting. We don't get to meet that many times, so everything has to run smoothly in order to get everything done that we need to," said Lauren Lucas.

The Honor Society doesn't meet over the summer but stays very busy during the school year making Christmas cards, favors for the teachers, decorating Bushe d' Noel cakes, sponsoring a cake-decorating contest, and taking part in school activities such as the Spring Carnival.

"We made Christmas cards for all of the teachers, and we do a lot of cultural things that we don't get to do during class," said Martin.

Even though during Martin's classes, students must speak in French; she does not make the Honor Society do this. Sometimes the society will talk in French if they are just playing a

game, but during meetings no one is speaking French.

Every year, the Honor Society gives out a scholarship to a senior for an Outstanding Senior in French award. This senior must be in the honors society and gets voted on by Martin. Lucas won this year.

To get invited into the Honor Society, a student must be in at least French 2, and be taking a French class at the time they are asked. A student doesn't have to stay in French to stay in the society though.

"I love that we changed to an Honor Society. It's a lot more fun and we do more," said Lucas.

The induction for the Honor Society was held in the evening at Central Mountain High School. The program was led by the officers and will have students from the Honor Society leading different parts of the induction. New inductees lit candles and received a pin from the Honor Society that is put on them by another member of the club.

Log Into Trouble

EDITORIAL

By **GENAE SALINAS**
CENTRAL MOUNTAIN

Remember when the words "status," "like" and "wall" had only one meaning? Recall the times when people chose privacy over exposure and direct communication over indirect contact? Compare those times to present day, when relationships aren't "official" until they've been declared for all to see, and when stalking has transformed into a leisurely pastime. With the era of technology came the creation of social networking, and with the creation of social networking arrived Facebook.

It's no secret Facebook has grown to be a part of everyday life; it's an idea as common and normal as eating lunch or watching television. As I sit in this classroom, I am willing to bet that many of the students are squinting at the screen of their smartphone, deeply engrossed by the minuscule events of so-and-so's life. Why has this website completely captivated high school students? More importantly, what is its impact, and how is it affecting teenagers?

Privacy has come to be an insignificant notion on the Internet. Users, especially young people, feel the need to display the events of their lives, no matter how personal or irrelevant. When there is such easy access to others' lives, it becomes that much more simple to lose respect for someone's privacy. Think about it. Before Facebook, there were so many peers who were like strangers; people whose lives one knew absolutely nothing about. However, with the evolution of such social networking sites, everyone has the ability to search these people, learning information that was previously only learned through one-on-one conversations. The excitement of meeting

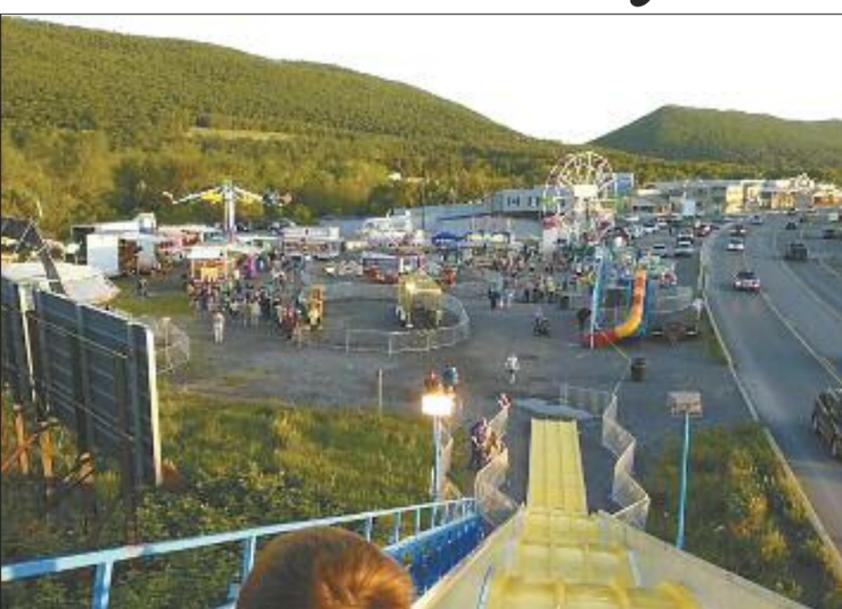
new people and getting to know them through verbalization is slowly diminishing.

Perhaps one of Facebook's biggest evils is what has come to be known as "cyber-bullying." It simply cannot be argued that this form of tormenting does not occur. It's also no secret that the amount of drama that takes place over the website is tremendous. Nasty, degrading comments are constantly being posted about others, while hurtful statuses are created and aimed at certain individuals. Not only is it upsetting and hurtful, but these rude, humiliating comments are on display for the entire world of Facebook to see. If these types of websites are to continue existing, it's crucial that they are properly and appropriately used as a social networking site and not as a tool to hurt and degrade others.

This is not to say that everything about Facebook is negative, because that's not true. Sure, it's fun to upload pictures and post funny things on friends' walls, and reconnecting with long-lost friends is always great. It must be used in moderation, though. In reality, Facebook is nothing but a simple pastime. One sits and stares at a computer screen for hours, gazing into other peoples' lives while at the same time not doing anything with their own. Why waste so much time doing something that will virtually accomplish nothing? Instead, spend your time doing something useful. If one calculates all the hours spent on Facebook, the end result may be startling and even a bit upsetting; all of those hours could have been spent in a much more valuable way.

Next time you arrive at Facebook's blue and white log-in page, stop and think. Isn't there something more worthwhile to do?

Mill Hall Mayfair



DAKOTA SELLINGER/The Student Express

Above, an aerial view of the Mill Hall Carnival is shown.

By **HALEY PLOTTS**
CENTRAL MOUNTAIN

At a certain age, every student has the opportunity to get a job. One Central Mountain student turned her opportunity into something more. DaKota Sellinger, a junior, works for Sunshine Shows, a group that runs various carnivals across the state. "My parents have always worked for the carnivals, so I grew up around them and working for them. Carnival season starts in April and runs until September. In our off season we re-do trailers or re-paint rides, so actually it's always carnival season to us," said Sellinger.

Sellinger has worked carnivals for as long as she can remember.

"I work every year and every carnival. So I work roughly 25 carnivals a year. I always work in the funnel cake trailer. If that trailer is not out, which it normally is, I am put in another food trailer or in the balloon dart game," said Sellinger.

She enjoys the carnival so much, she decided to make it her senior project.

"My favorite part would be always meeting new people and having fun. It wasn't hard for me to think of doing a carnival as my senior project. I have always worked for the carnival, and I know so much about them so I figured it would be easy enough," said Sellinger.

Sellinger planned and prepared for a local carnival for several months.

"A lot goes into planning a carnival. I had to find a big lot area, and have electric and water there. I also had to have help running the rides, games and food trailers. I have been planning since March. I've been making and hanging posters up everywhere, handing fliers out, and inviting booster clubs to help out too," said Sellinger.

"The carnival was May 15-19, 6 to 10 p.m. I held it beside the Green Bridge that separates Mill Hall and Flemington across from Puff's. There were rides for all ages, games and food. Also sport booster clubs with their choice of a little game or food were there," she said.

The carnival was a great success for Sellinger, and she is happy with the results.

"All of the proceeds went to Girls basketball, Puff's store because they donated the lot I am using, and to all the extra costs, like making posters and little things like that. The carnival was a big success in my eyes. We had a good turn out each day and the weather was perfect. I'm glad I chose to do this but I am also glad I'm done with my senior project. It was a lot of fun," said Sellinger.

Sellinger made her senior project. She raised money and had fun doing it.

Gallantly Glossner



MORGAN KUNES/The Student Express

Kayla Glossner applies the tag as Bellefonte slides into third base.

By **MORGAN KUNES**
CENTRAL MOUNTAIN

A junior at CMHS has been battling school work and maintaining a spot on the varsity softball team. Kayla Glossner is an animal loving friend who is always found outdoors.

Outside of school, Glossner is involved in numerous activities, including softball, hunting, fishing, and spending time with her friends and family.

"I love working with animals and being outdoors. I like to know why things are the way they are," said Glossner.

Glossner is one of many who spend time in a classroom filled with animals of all kinds. Mrs. Sue Hanna teaches AP Biology. In this class, Glossner, who plans to major in biology, is able to learn about life by participating in numerous lessons.

"My favorite thing to do in biology is dissect. It's so interesting; all animals are different, and you never know what you'll find," Glossner said.

On her own time, Glossner helps out on her family farm's many acres containing horses, chickens and cows. When she isn't playing softball, she can be found on the farm. She helps bale hay and clean the calf pens. The corn they raise is sold for chop. Horses are a big part of working on the farm.

Softball is a big part of Glossner's life. She has been playing for eight years and plans to continue playing in college because she could not see herself not playing ball.

"My mom forced me to play ball, then I realized I really liked it and I made a lot of friends," Glossner said.

She plays for three different teams this year. Glossner has the ability to play multiple positions: Third base, second, first, and outfield. As for varsity ball, Glossner plays third base.

"I play for the school team, Grave Diggers out of Williamsport, and Selects out of Bellefonte," said Glossner.

The Selects team is a new team brought up by Dave Breon, former BEA softball coach. The team focuses on college showcases and bigger tournaments through the summer to try to give players the chance to be seen by college scouts.

Grave Diggers had a 52-win season last year. It's a local ASA Softball team that carries four other Central Mountain students.

"I love traveling and playing with my ASA teams. We have so much fun and play competitive teams," Glossner said.

This softball season for Central Mountain Lady Wildcats has been a rough one. The record is 9-11.

"We've had our ups and downs but we've played a lot of close games. If we could get a clutch hit here and there, our record would be a little better," said Glossner.

Glossner's future goals may not be in clear sight yet, but she does have one thing in mind, to give back to charity.

"In my lifetime, I'm hoping to get a job in which I acquire enough money to donate and travel. I want to travel to third world countries and give them all that I can to help out," Glossner said.

Glossner has already traveled afar, including Spain. Every summer she travels to South Carolina for a family vacation.

"Spain was absolutely amazing. I loved every minute of it and I'd go back in a heartbeat. Toledo was my favorite place because it almost felt like you were stuck back in time," said Glossner.

Another Glossner goal is win states for softball before she graduates.

"I have greatly improved since last year, but I do see little things that still need more work. I would just like to step up at the plate as an individual, then hoping that the team follows," said Glossner.

Glossner hopes to follow her biology career to college, where she can and will continue play softball as well.

Battle of the Bands

By **ELIZABETH DANGLE**
CENTRAL MOUNTAIN

On May 23, CMHS hosted its annual Spring Carnival with food, games, art and music. Students signed up to play music for Battle of the Bands. Organizing the event was band instructor Dave Sorgen.

"This year we took votes for the best band. We had four acts this year," said Sorgen.

Abattwar, a band who performed in a previous year consisted of Tony Strunk, Clayton Gummo, Zachary Tuttle, and Dustin Young. When All Else Fails was a new band consisting of Connor McCrimmon, Isaiah Wadsworth, Josh Probst, Geoff Miller and Ryan Bowmaster. The solo acts were Cole Smith and Gavin Talarczyk.

"This year had some really good music. The kind you can listen to easily and clap along," said Sorgen.

"We enjoy playing classic rock and metal music for people. This wasn't our first time either, we once played a Halloween concert at Lock Haven University," said Tuttle from Abattwar.

Bands and solo acts played throughout the day. A band played for 20 minutes and then a soloist came on while they changed the stage. When the soloist was done, the next band came on. They played

two sets in the morning and two in the afternoon.

"We played more songs this year than last. We played a total of four sets," said Tuttle.

Some of the band names were strange and their meanings just as much so. How they were created can be even odder.

"We needed a name so we just started flipping through the dictionary and we found one that we all liked so we changed some letters around and came up with what it is now Abattwar," said Tuttle.

Competition brought an audience.

"It seemed better this year. It was more organized and less chaotic," said junior Ben Jones.

"I thought the audience was great. A lot of people came out this year, and they seemed to really enjoy the show," said Tuttle.

The audience voted for their favorite performance.

Cole Smith was first with 98 votes, then Abattwar, When All Else Fails, and last, but definitely not least, Gavin Talarczyk.

"I didn't mind coming in second. I had a blast and that was enough to make me happy about the outcome. I didn't really care about the votes, it was just a lot of fun to play for an audience and we loved what we did," said Tuttle.

THE STUDENT EXPRESS - NEWSPAPERS IN EDUCATION

10 Years, Still Writing

By BRIDGET BACHMAN
CENTRAL MOUNTAIN

On the last Tuesday of every month the work of the students in the CMHS journalism class is showcased in the Student Express. The students write two articles each month, and then the student editor puts together a four-page newspaper. But the big question is, how did the Student Express get started?

"In 2002, Leslie Smith, who was an English teacher at CMHS, presented the idea to The Express as a way to work with and improve student writing and thought. It took off from there and fits right in with our Newspapers in Education program," said Bob Rolley.

"The Student Express was, and continues to be, a win-win situation, giving the student journalists a chance to practice and improve their writing skills for a real audience. It also gives the community a chance to look at the educational and social events in the school," said Smith. "Perhaps one of the biggest challenges I experienced

was helping the students select appropriate topics for their articles."

Eventually, KCSO added journalism classes at the high school, so that students who were interested could sign up and become part of the Student Express staff. With the classes being offered, and the students signing up, all that was needed was a student editor.

"We needed to pick someone who would work with the teacher to generate assignments, help edit the stories, help write headlines, take photographs, and importantly, learn how to lay out the pages using graphic design software," said Rolley. "Fortunately, KCSO has a cooperative education or school-to-work program. That allowed us to employ and pay the student editor for their work at the newspaper."

"There were many outstanding student editors over the years. We keep in touch with most of them. Keep in mind, each student editor becomes a part of The Express staff. They work right along with our newspaper staff

members, and they are a part of our team," said Rolley.

The Student Express has gone through many student editors and writers.

Although there is constant change, the articles and editing still improve each year.

"I feel that the Student Express has improved very much. Due primarily to the students, with support, of course, from the educators," said Rolley. "In fact, the students generate all of the content and photos. Their stories and photos provide a look into what they think, what they believe and, importantly, what's going on at the high school and in the district. It's 'news' and in our opinion, stories that our readers would not typically get to read."

The Student Express is losing seven seniors, but will gain many younger writers. It has benefited the lives of many of the writers, encouraging them and helping them choose what they want to do when they graduate.

Editing Edifice



GENAE SALINAS/The Student Express
Next year's Student Express editor, Anna Shaw, prepares for the coming school year.

By GENAE SALINAS
CENTRAL MOUNTAIN

It's the final month for students in CMHS's journalism class to write articles for the Student Express. However, that's not the only thing coming to an end. Julia Boileau, the Student Express's current editor, will be graduating from CMHS and moving on to Syracuse University. A new editor was selected for the upcoming journalism classes, and that person happens to be Anna Shaw, a sophomore at CMHS.

Shaw said, "I'm really excited about becoming editor; it's something I've always wanted to do. When Ms. Ion approached me about the job as editor, I was honored to be selected".

This is Shaw's second year of journalism, and she plans to continue taking the course throughout the rest of her high school career. She said, "My favorite thing about journalism is getting to talk to people I otherwise wouldn't have the chance to speak to. I've also become more involved in school."

This may be Boileau's first and only year as the student editor, but she knows exactly what is expected out of the job, which is at times quite a lot. After each journalism class writes two articles and gets a photograph for at least one, everything is uploaded onto a computer. Boileau then transfers it all to her jump-drive. Next, she goes to the Express in Lock Haven, uploads everything onto a blank template, and arranges the articles to fit together for the Student Express.

Boileau said, "Anna is fitting for the job because she's a very creative person, and she seems like she'll be able to handle everything that is thrown her way while she's editor."

However, the quantity of work that being editor entails is a bit surprising to Shaw.

She said, "I'm most nervous about the amount of work. I didn't expect it to be so grueling."

Shaw recently had the opportunity to join Boileau on a trip to the Express, where she was able to learn the basics of the job and a rough idea of what she would be expected to do.

"Joining Julie at the Express was overwhelming but also a really great opportunity to get comfortable with my future job," Shaw said.

Writing articles and being involved in the Express is no foreign concept to Shaw, though. Since she was twelve, she's been writing for the local newspaper.

Shaw said, "I have a column called 'Teen Talk.' The topics are varied but usually centered around what teens would like to read."

Journalism is something Shaw hopes to always be a part of her life.

"I'm definitely considering a job in journalism. I'm planning on becoming a journalism major at Penn State and pursuing a career in broadcast journalism," Shaw said.

With an editor this dedicated and so interested in journalism, there's no doubt that Shaw will become a great and talented editor for the Student Express.



COURTNEY QUIGGLE/The Student Express
The CMHS Nature Club and Sue Hanna's Biology classes take a picture with the instructors on the state forest land near Eagleton Road.

Replanting the Area

By COURTNEY QUIGGLE
CENTRAL MOUNTAIN

On Thurs., April 26, members of the Central Mountain High School Nature Club, which is advised by Mrs. Sue Hanna, and Mrs. Laurie Hendricks' biology students planted trees on State Forest land near Eagleton Road with the Department for the Conservation of National Resources (DCNR). The planting site was a 640 acre salvage clear-cut. Since there were active Andarko Gas Company gas well pads in that area, the students also got to learn about gas well drilling and toured the area. They were replanting the trees because the trees that were previously there had gypsy moth mortalities, and they were clear-cut because of the damage.

The students who went on this field trip from the nature club consisted of students of all levels.

Eric I. Probert, a forester in Renovo, organized the field trip for the students. Andarko Gas Company funded the whole thing. They paid for the transportation. Petroleum Engineers with the Andarko Petroleum

Corporation came and educated the group about the gas wells. They were Mark Washburn and Dave Johnson.

They left the school by bus at 8:15 am and returned at 3 pm. The students were required to dress weather appropriately with boots or sneakers and gardening gloves. The students were also required to wear long pants and high socks to help prevent getting ticks. Hanna and Hendricks treated everyone to ice cream at the Ice Shack on the way home from the trip.

"I like doing this field trip for the students every year because it gives them a chance to get out in the field and get them using natural resources in Clinton County," said Hendricks.

Hendricks has been planning tree planting field trips for students around the area for 19 years. She made it a tradition at Bucktail Area High School and then when she started teaching at CMHS, she carried it along with her. This year is the second year that Central Mountain did this field trip. It started out as an Earth Day project and Hendricks enjoyed it so much that she continued to do it. She originally was

working with the Western Clinton Sportsman's Association and DCNR in the Sproul State Forest.

"It was a very busy day. We dug little holes with special shovels and then we stuck the baby tree in the hole. We then had to kick it to make sure that we couldn't pull it out of the ground. Rose Fye and I planted hundreds of trees that day. We then listened to the gas company workers talk for a while. Overall, it was a fun experience," said Jordan Moyer, sophomore biology student.

"My favorite part of the day was getting out in the woods and spending time with my classmates and getting Ice Shack. I learned a lot about the growth of trees, the importance of trees, and the process of gas drilling. I had a lot of fun," said Fye, a sophomore biology student.

The students had to fill out a field trip permission form before they could go on the trip. All of their teachers had to approve that they could miss class to go. If the permission slip wasn't filled out completely, they couldn't go on the trip.

A Farewell Letter From the Editor

When I was a kid, all I knew about what I wanted to be when I grew up was that I wanted to write. I loved every aspect of writing, from fiction to essays to poetry — all of it. So by the time spring of my eighth grade year came along, and we had to pick what classes that we'd be taking in high school, a Journalism class seemed like the best fit.

At the time, I had no idea of what the class would entail. Nevertheless, when the following August came along and I entered the big, bad world of high school, my second period class was Journalism. I learned that we'd be writing two articles a month for a student newspaper that would be published in The Express each month of the school year. It would be called The Student Express. That whole concept was so beyond my world of thinking. More than just my parents and teachers would be reading what I was writing; the whole of Clinton County would see my articles.

As a fourteen-year-old who was still trying to get a hold on the whole high school thing, I became even more entranced in the world of writing — more especially, the world of Journalism.

Newspaper articles were totally different than anything I'd ever written before, but I came to learn that they suited me. I liked the way it felt to write about real events that happened to real people. Journalism was introduced to me in the ninth grade, and from that moment on, it became a subject that I was never able to turn away from.

Three years later, I am a senior in this little high school, and my first period class is Journalism. I still write two articles a month for this student newspaper, and my class' articles are still published in it. But the difference between then and now is that I am helping put together that paper. I am the editor of The Student Express, and this month's edition is my last one.

When I first came to The Express last spring with Shannon Bolin, last year's Student Express editor, everything seemed so overwhelming. I would be working with new software, putting together a four-page paper that looked a lot easier than it was, and be placed in a setting that was extremely unfamiliar to me. The more I went in though, the more comfortable I became.

Not without the help of the editorial staff at The Express, who, all with their quirky personalities, made me laugh constantly while I was there. I would like to thank each and every one of them for making my time there pleasant as well as entertaining. The sarcastic comments, the jokes and the familial setting all encouraged me to become comfortable with my surroundings at The Express.

Not only is their humor appreciated, but also I cannot thank them enough for the help I received during the course of the last nine months. If I had a question, they answered it. If I needed help, they gave it. If I was too quiet for a long period of time, they broke the silence. So a big thanks goes to the second floor of The Express, my gratitude towards you all is enormous.

I also could not have done it if it weren't for my parents who endured countless nights of my stressing out, and still loved me anyway. This past year, they've put up with me when I was difficult, and always encouraged me to try my hardest and do my best. And if I did that, then I succeeded. Not once did the encouragement stop, and not once did they ever stop having faith in me.

I would also like to thank my Journalism teacher, Ms. Brynn Ion, as well as my fellow classmates. When my senior year got stressful trying to balance college applications, The Student Express, tennis, work, school work, friends and so much more, I could depend this class to



JOSH GRIMES/Grimestone Photography

keep me a little less stressed and a little more balanced. I could not have created these newspapers for the past nine months without their writing, help and dedication.

Lastly, I would like to thank all of you, the readers. Without you, there would be no reason to write articles. Because of you, my Journalism class has been able to gain real-world experience in communications, as well as connect with outside communities and groups on a different level.

Being the editor has offered me the best learning experience that I could ever have hoped for. Not only did I learn how to manage my time, deadlines, and how to interact with new technologies, software and people, I also learned lessons that I will take with me wherever I go.

Where I'm going includes college. My

journey will start this coming fall at Syracuse University where I will continue in my studies.

I started my goodbye as editor with the phrase "when I was a kid." This past year, becoming the editor for The Student Express and entering the world of college applications and work, I've grown up a little. I have always been a kid, but graduating is the next step. Although I will no longer be editor at the end of May, I will always take with me the lessons that I learned. It was a great school year, only amplified by the opportunity I received to do something I love to do.

Thank you everyone for your continuous support. It has allowed me to take that next jump into the real world.

-JULIA BOILEAU